

The Easiest Way to Grow

Read what others say about The Easiest Way to Grow:

Thank you. Thank you. Thank you, Mabel for allowing your Self to be a vehicle for bringing bring these two beautiful and inspiring new books to the world - The Easiest Way to Live and The Easiest Way to Grow.

For me, one word describes both books - Perfect! Pure inspiration, not an extra word nor an unnecessary word. Although, I recommend reading both of these books over and over and taking notes as inspired, I also love to just open them at random and see what jumps off the page at

me. Whether I am feeling good or not so good, it's always perfect, just what I needed. And I am uplifted.

These are definitely books I will keep close at hand wherever I am and wherever I go.

I highly recommend The Easiest Way to Live and The Easiest Way to Grow.

Thank you Mabel for these two very special gifts to us and the world.

Peace and Love, ~ Jimmy Piver, USA



When we were children nobody gave us a book like this – there was no life guide available for us and therefore we were always asking the wrong questions. Today, with Mabel Katz's amazing book, The Easiest Way to Grow – Messages You Will Be Glad to Know, we can give our children a wonderful gift. Children have to be happy! They have to laugh, to sing, and to dance with the butterflies instead of shoulder the problems of their parents because they didn't have a live guide.

Mabel Katz shows children the way of Love and Happiness. She puts her heart in every single word. You can feel it with your own heart. ~ Irene, Germany

I simply loved The Easiest Way to Grow!

My inner child had fun while reading/listening to the wise words. How wonderful to offer the gift of Ho'oponopono teachings to our children.

Thank you Mabel for another great inspiration!

I love you! Bendiciones! ~ Mara, Brazil

The just released book of Mabel Katz, The Easiest Way to Grow, is a generous spiritual invitation of a Master who walked a path of self-development. In her message to the younger generation Mabel Katz shares her vision and talent of creating an easy and happy life.

The sooner this knowledge is used by young people in their lives, the more abundantly their future will unfold.

Children will enjoy not only reading the book, but the illustrations, and especially Mabel's loving and nurturing voice in the audio CD that comes with the book.

I wholeheartedly recommend this book to both adults and children, because Ho'oponopono has no age differences or any other boundaries. Ho'oponopono works for everyone!

Peace Be With You! ~ Nata, Russia

The Easiest Way to Grow - this book to me, is about possibilities. Possibilities, as a grandpa of 5 grandchildren and one more grandchild on the way. Possibilities, of me reading the passages, from the book, answering my grandchildren's questions, and letting my grandchildren, know how truly wonderful they are, and what gift they are in my life. What a gift they are to the future, of all of us.

*Thank you, Mabel for doing what you do, and allowing inspiration to flow through you, where this gift of Divinity was created in the form of a book and CD. Where my grandchildren and other parents, children, and grandparents, get a chance to spend quality time, children and grandchildren and get the gift my grandparents gave me, of both the English and Spanish attributes, and perspective. ~ **Daniel, USA***